

**B.Sc. Nursing Part-III Examination  
January - 2018  
MENTAL HEALTH NURSING**

**Time : Three Hours**

**Maximum Marks: 80**

**Attempt any FIVE Questions.  
All questions carry equal marks.**

- |      |  |  |          |
|------|--|--|----------|
| Q.1. | A.   | Define mental health.  | 03       |
|      | B.   | Factors affecting mental health.   | 05       |
|      | C.   | Describe the characteristics of a mentally healthy individual.                         | 08       |
| Q.2. | A.   | Define psychiatric emergency.  | 03       |
|      | B.   | List the common psychiatric emergencies.   | 05       |
|      | C.   | Explain the role of a nurse in a psychiatric emergency.                                | 08       |
| Q.3. | A.   | Describe the etiological factors in schizophrenia.                                     | 03       |
|      | B.   | List the primary and secondary symptoms of schizophrenia.                              | 05       |
|      | C.   | Nursing interventions for a client with catatonic schizophrenia.                       | 08       |
| Q.4. | A.   | What are the types of anxiety disorders.   | 03       |
|      | B.   | Explain the clinical manifestations of anxiety disorders.                              | 05       |
|      | C.   | Role of a nurse in helping a client cope with an anxiety disorder.                     | 08       |
| Q.5. | Write nursing responsibilities for the following : |  | 4×4 = 16 |
|      | A.   | Client with aggressive behaviour   |          |
|      | B.   | PTSD   |          |
|      | C.   | Alcohol withdrawal <a href="https://www.ruhsonline.com">https://www.ruhsonline.com</a> |          |
|      | D.   | Client experiencing side-effects of common anti-psychotics                             |          |
| Q.6. | Write short notes on (Any four) :                  |  | 4×4 = 16 |
|      | A.   | Anorexia nervosa   |          |
|      | B.   | Conversion disorder  |          |
|      | C.   | Milieu therapy   |          |
|      | D.   | Prevention of drug abuse   |          |
|      | E.   | Senile dementia  |          |
|      | F.   | Borderline personality disorder  |          |