

**B.Sc. nursing part - III**  
**Mental health nursing**  
**Exam, March - 2016**

**Time: Three Hours**

**Maximum Marks: 80**

- |      |                                    |  |            |
|------|------------------------------------|--|------------|
| Q.1. | A.                                 | Define mental health.  | 02         |
|      | B.                                 | List the causes of mental illness.                                       | 05         |
|      | C.                                 | State the principles of mental health nursing.                           | 08         |
| Q.2. | A.                                 | List various types of anti depressants.                                  | 02         |
|      | B.                                 | Enumerate its side-effects.  | 05         |
|      | C.                                 | How will you manage its side-effects?                                    | 08         |
| Q.3. | A.                                 | Define mental status examination.  | 02         |
|      | B.                                 | List down the components of mental status examination.                   | 05         |
|      | C.                                 | Discuss the role of a nurse in mental status examination.                | 08         |
| Q.4. | A.                                 | Define obsessive compulsive disorder.                                    | 02         |
|      | B.                                 | Write in detail the signs and symptoms of obsessive compulsive disorder. | 05         |
|      | C.                                 | Discuss the nursing management for a patient with OCD.                   | 08         |
| Q.5. | Write short notes on (any four) :- |  | 4 × 5 = 20 |
|      | A.                                 | Process of therapeutic communication.                                    |            |
|      | B.                                 | ICD-10.  |            |
|      | C.                                 | Eating disorders.  |            |
|      | D.                                 | Role of psychiatry nurse in community.                                   |            |
|      | E.                                 | Alzheimer's disease.   |            |
|      | F.                                 | National mental health programme.  |            |

**OR**

**10 × 2 = 20**

- Q. Short answer questions :-
1. What is passive aggressive personality ?
  2. Action of disulfiram.
  3. Indications for treatment of mania.
  4. List mental health nursing issues.
  5. Name the stages of grief.
  6. Difference between guidance and counseling.
  7. What is process recording ?
  8. Enlist geriatric psychiatric disorders.
  9. What are the characteristics of affective psychosis ?
  10. Mention Bleuler's four A's.